



Angie's Childminding

Health and Safety Policy

Policy Statement:

It is my policy to promote and ensure the good health and safety of children in my care in line with the requirements laid out in the EYFS Framework, and Health and Safety Executive.

Procedure

Safety and suitability of premises, environment and equipment

- I do a quick visual risk assessment of my home every morning before the children arrive to ensure that it is a safe environment for minded children - all areas accessible to children including toys and equipment are regularly cleaned and checked for damage, any broken or hazardous toys will be removed immediately. Highchairs and pushchairs are fitted with the correct safety harnesses to prevent accidents.
- I use safety equipment appropriate for the children in my care and dependent on age and maturity, ie stair gate etc and these are checked regularly through ongoing use.
- Children will only be offered toys and resources that are suitable for their age/stage of development.
- My smoke alarms are tested regularly and fire drills are carried out and recorded. I have a fire blanket in my kitchen and children and parents are aware of my emergency evacuation procedure.
- My premises are secure to ensure children's safety and prevent intruders and I have a procedure for checking the identity of visitors. I will keep my front door locked with the keys on a hook up high to prevent the children opening the door to strangers.
- All gardening equipment is locked away and/or out of reach of children, and dangerous plants have been removed / trimmed to avoid accidents where possible. Children are also educated in plants that might harm us.
- I hold a current paediatric first aid certificate.
- I have procedures in place in the event of a fire (see Accident, Incident & Emergency policy)



Angie's Childminding

- I keep my kitchen clean following hygiene guidelines on the storing of food, keeping the fridge at the correct temperature etc
- I ensure that the children are suitably educated in the disposal of any waste, the bins are emptied regularly and any soiled nappies are placed in the outdoor rubbish bin.
- I do not permit smoking in my home.
- I follow strict hygiene guidelines to prevent contamination.
- I have strict Child protection guidelines in place (see Safeguarding policy)
- Children must stay with me when we are away from the home. Younger children will be strapped in a pushchair, older children will either be on a wrist strap, or holding onto my hand/hand of an assistant/pushchair, unless the open space is safe and allows freedom to run safely.
- I have emergency contact details with me at all times should I need to contact the parents.
- I will work with parents to teach the children about safety issues like crossing the road and stranger danger.
- I will work with parents to teach the children about making healthy food choices and physical exercise.
- Sleeping children will be regularly monitored.
- I will restrain a child if they are putting themselves or others in danger, for example running into a road.

Health

- I hold a basic food hygiene certificate.
- I encourage children to learn about good hygiene by promoting regular hand washing. I provide and encourage use of liquid hand soap. Each child will have a coloured hand towel, which I will launder regularly.
- When providing snacks to children they are encouraged to make healthy choices and the benefits



Angie's Childminding

of an active lifestyle are promoted, e.g. access to outdoor play daily. (I am aware of the Chief Medical Office guidance to physical activity)

- Baby changing mats are cleaned regularly.

This policy also links with my accident and emergency procedures, illness, risk assessment and outings policies.

If you have any concerns regarding the health and safety of your child please discuss them with me.

For your own peace of mind you may like to know that I will use disinfectant spray on door edges, handles, toilet areas and other regularly touched areas at the end of the day in order to reduce the likelihood of germ transferral.

Each child (and I) will continue to use their own coloured towels and these will be changed and washed at 60 degrees and replaced regularly. Hand washing will remain a big part of the day: We wash hands before and after snacks/meals/food preparation, nappy changing/toilet use, after using a tissue and after outdoor play/messy activities. Hand sanitiser will be used where hand washing facilities are not available such as whilst out and about in the local community.

This policy supports the following requirements and standards:

Meeting the Early Years Foundation Stage Safeguarding and Welfare, Lincolnshire County Council Early Years Funding & Ofsted requirements.

All policies will be reviewed/amended annually or in line with regulation changes. Updates will be available to parents via my website: <https://angievfreesite.com/mysite>. Parents will be notified of these changes. It is assumed that parents will have read and accepted these, unless notification is received otherwise.